

groov▶▶e
Action



GV-SW01
Smart Watch

 **Bluetooth**[®]
groov-e.co.uk



30 Day Right To Return

We do not envisage any problems occurring with your groov-e GV-SW01 Action Smart Watch. However, for your peace of mind, should any fault occur, please return it within 30 days to your retailer with proof of purchase for an exchange or refund.



12 Month Guarantee

This product is guaranteed for twelve months. Please retain your receipt as this will be required as proof of purchase in the event that the device does not perform as expected then please contact your original point of purchase, should you require further assistance then please contact us.



Extended Warranty

Please register your product within 30 days from date of purchase www.groov-e.co.uk/warranty. Proof of purchase required.



Contact Us

Reach out to us at info@groov-e.co.uk or visit www.groov-e.co.uk

“Congratulations on your purchase and **Thank You** for choosing the groov-e GV-SW01 Action Smart Watch.”



IMPORTANT SAFETY INFORMATION

Please read this important information carefully before you use the GV-SW01 Action Smart Watch and save it for future reference.

- *Do not self-diagnose and treat according to the measurements taken by this product. The Smart Watch measurement results are for reference only and are not intended for any medical use or basis. Please follow your Doctor's instructions.*
- *Only use the USB charging connector supplied to charge your Smart Watch.*
- *This product has an integral rechargeable battery and should not be disposed of in the normal household waste but taken to an appropriate recycling facility, where and when these are available.*
- *Never throw batteries in a fire or attempt to open the outer casing.*
- *This product does not contain any user serviceable parts. Unauthorised handling of the device may damage it and will void your warranty.*
- *Do not leave it in low temperatures as moisture can form inside the product, which may affect the product circuitry.*
- *Do not leave it in high temperatures as electronic devices and plastic parts may warp in heat.*

OVERVIEW

IN THE BOX

- **1 x** Action Smart Watch
- **1 x** Wrist strap
- **1 x** USB charging connector
- **1 x** User manual

Screen Display

Touch Key

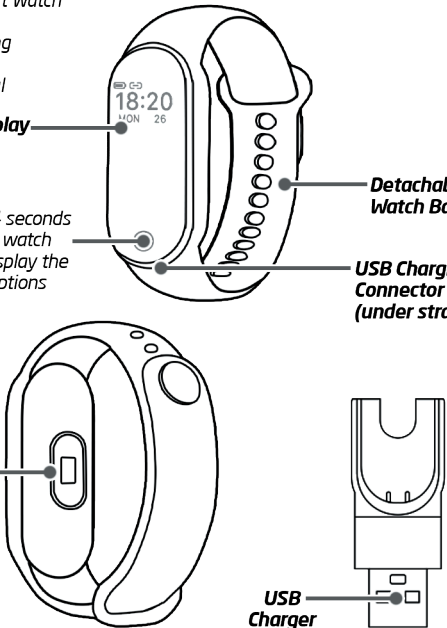
- Long press for 4 seconds to Power on your watch
- Tap/swipe to display the different watch options

Detachable Watch Band

USB Charging Connector (under strap)

Smart Watch Sensor

USB Charger



OPERATION

Charge the integral battery

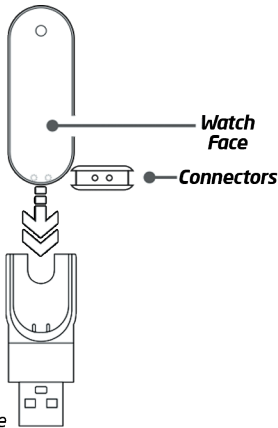
- 1. Your Smart Watch has an integral rechargeable battery. Before you use your Watch for the first time, you will need to charge the battery for a minimum of 1 hour.*
- 2. Press the Watch into the USB charging connector provided, checking that the Watch and the Connector are the correct way around and that the two charging connectors on the end of the Watch will align with the two charging pins in the charging connector.*
- 3. Plug the USB-A end of the connector into a computer or other USB charging device. The Smart Watch will vibrate once and the display will turn on with a scrolling battery symbol to confirm that it is charging before the display turns off.*
- 4. Tap the Touch button to check the charge status. A full battery will be displayed when the battery is fully charged.*

5. After about 1 day of use when the battery is low and your watch needs to be charged, it will vibrate and display a red battery low icon. Remove your watch from the strap and plug it in to charge as steps 2 & 3 above.

Download and Install the Lefun Health App

1. Using your Smartphone, Download and install the Lefun Health App. from the iOS App store or from the Google Play Store. Search for 'Lefun Health' or scan the QR code to download the App.

Supports iOS 9.0 and above, Android 4.4 and above, Bluetooth Version 4.0.



OPERATION

Pair your Smart Watch to your Smartphone

1. On your Smartphone turn on Bluetooth and open the Lefun Health App.

Note: Please do not pair your watch using the Bluetooth settings on your phone. Your watch has been designed to work together with the Lefun Health App.

2. At the top of the App screen, tap on the + and tap Add. Follow the instructions on the App, adding your email address and verification code. Tap + again and then tap Add.

3. The App will scan for devices and when found, your smart watch will be displayed as GV-SW01. Tap on connect, followed by 'Allow' and 'Pair' and then 'Finish'.

4. Within the Lefun App., enable notification permissions, so that your message notifications (Facebook, SMS, WhatsApp etc.) can be received and viewed on your Smart Watch.

Note: If you move out of Bluetooth range (10 metres or less (33 feet or less)) of your smartphone whilst wearing your watch, it will vibrate and display a Bluetooth symbol to alert you. Move back into range or carry your phone with you so that your watch data can be synced with the App and message notifications can be received.

Wearing your Smart Watch

The sensor on the back of the watch needs to be in contact with your skin to enable the readings for your watch to be taken. Please wear your watch with a suitable tightness on your lower arm, above your wrist.


Note: Do not self-diagnose and treat according to the measurements taken by this product. The Smart Watch measurement results are for reference only and are not intended for any medical use or basis. Please follow your Doctor's instructions.

Controlling your Smart Watch Display



Power On

Long press the Touch key for 4 seconds.

Power Off

Tap/Swipe the Touch key until  'More' is displayed.

OPERATION

Long press the Touch key to open the  More options. Camera is displayed. Tap to move through the options until the  Power symbol is displayed, together with the software version and MAC address. Long press the Touch key for 4 seconds to Power Off your watch.

Change the Watch face

With the default watch face displayed, long press the Touch key to see the 2 different watch face options. Stop when the watch face you would like is displayed.

You can upload additional watch face options from within the Lefun App.

1. Open the Lefun App. on your mobile phone.

2. At the bottom of the App screen, tap on 'Equipment', then select the 'Custom dial' option.

3. Choose to select an image from your phone. You can select the display colour for the watch text here.

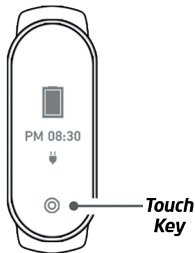
4. A pop up window will be displayed asking you to confirm. Touch on 'Start Pushing'.

5. Please wait whilst the new watch face is uploaded. The pop up display will show a progress percentage and your watch will display 'Update' together with the percentage until the new watch face is displayed.








Accessing and Using the Smart Watch Options

With your Watch Powered On, tap/swipe the Touch key to move through the Watch Options.










When the  More icon is displayed, long press the Touch key to access the further options of Camera, Find Phone, Dial, Reset, App QR code and Power off.



OPERATION

 State	<p>Long press the Touch key to see the number of daily steps so far as well as calories burned and distance. Tap to exit and go back to the watch display. If your watch is connected to the Lefun App., the data is logged and you can view this by opening the App. and tapping 'Home'</p>
 BPM	<p>Long press the Touch key to start to record your heart rate and blood pressure. The watch will vibrate when the reading has been taken. Tap to exit.</p>
 SPO2	<p>Long press the Touch key to start to record your blood oxygen level. The watch will vibrate when the reading has been taken. Tap to exit.</p>
 Sport	<p>There are options of Run/Ride/Situp and Badminton. Long press the Touch key to open the sport options, then tap to move through the different options. Long press to make a selection to record the mode time and calories burned etc. Long press the Touch key again to stop and exit.</p>
 Weather	<p>After you have connected your watch to your mobile using Bluetooth via the Lefun Health App., you can view the daily forecast weather temperatures on your watch. Long press the Touch key to see the forecast weather temperatures. Tap to exit.</p>
 Music	<p>After you have connected your watch to your mobile using Bluetooth via the Lefun Health App., you can use your watch to control a music player App. on your phone. Options of Play/Pause, Skip Back and Skip Forward are available. Open the music player App. on your phone and make your music selection. On the watch, long press the Touch key to open the music player options. Tap to move through the options available, then Long press the Touch key again to select the option. Move to the  back arrow and long press to exit.</p>

OPERATION

 Message	<p>After you have connected your watch to your mobile using Bluetooth, via the Lefun Health App, and enabled message notifications, your watch will vibrate to alert you to each new message and will display the beginning of the message. Long press the Touch key to open the message option and tap to see the beginning of each message. Tap to exit.</p>
 Sleep	<p>If you wear your watch to bed it will monitor and record your sleep time. Long press the Touch key to open and exit the sleep option.</p>
 More	<p>Long press the Touch key to access the further options of Camera, Find Phone, Dial, Reset, App QR code and Power off.</p>
 Camera	<p>After you have connected your watch to your mobile using Bluetooth, via the Lefun Health App, you can use your watch to remotely take photos with your phone. Open the Lefun Health App, first and set up your phone so that it is pointing at what you would like to take a photo of. Next, on your watch, long press the Touch key to open the camera option, the App, on your phone will change to the Taking pictures screen. Tap the touch key on your watch to take the photo with your phone. Your watch will vibrate to confirm that a photo has been taken and your photos will be stored on your phone as usual. Long press the Touch key to exit the camera option.</p>
 Find Phone	<p>After you have connected your watch to your mobile using Bluetooth, via the Lefun Health App, you can use your watch to help you to find your phone. Long press the Touch key when the Find Phone icon is displayed, your phone will begin to ring if it is powered on and within Bluetooth range (10 metres (33 feet)). Long press the Touch key on your watch to stop and exit.</p>
 Dial	<p>Long Press to change the watch face. You can also change the watch face using the Lefun Health App. Please refer to the 'Change the Watch face' section above.</p>
 Reset	<p>Long press to Reset your watch and return it to the factory settings.</p>
 QR Code	<p>Displays the Lefun Health App. QR code. Scan the code to download the App.</p>
 Power	<p>Long press the Touch key when the power symbol is displayed to power off your watch.</p>

TROUBLESHOOTING

Cannot connect to my Mobile phone using Bluetooth

- Check that your mobile phone supports iOS 9.0 or Android 4.4 or above with Bluetooth V4.0 or above.
- Have you downloaded the Lefun Health App.? Download, install and Open the App.
- Only try to connect to your watch using Bluetooth via the Lefun Health App. Your watch has been designed to work together with the Lefun Health App.
- Ensure that the Watch and Mobile phone are both powered on and in range for Bluetooth connectivity, which is 10 meters or less (33 feet or less).
- Move the Watch and Mobile away from other Bluetooth devices/electrical equipment.
- If possible, turn off other nearby Bluetooth devices or disable their Bluetooth functionality.
- Power your mobile phone and the Watch off and power them on again, then try again to connect using Bluetooth.

My Watch data has not synchronized with the Lefun Health App.

- Check that your mobile phone supports iOS 9.0 or Android 4.4 or above with Bluetooth V4.0 or above.
- Check that your Watch and Mobile phone have successfully connected using Bluetooth via the Lefun Health App.

Unable to charge my Watch

- Check that the Watch is the correct way around and that the charging connectors on the end of the Watch align with the two charging pins in the USB charging connector.
- Check that the computer or other charging device are switched on.
- If the Watch battery power is very low, it will take approximately 3-5 minutes to enter the charging state. Please wait and then check the display again.

PRODUCT SUPPORT

The touch screen response is slow

- *Please do not use a screen protector or wear gloves whilst using your watch.*
- *The touchscreen may malfunction in humid conditions or when exposed to water.*
- *Do not touch the screen with sharp objects or just your fingertip.*
- *Clean the touch screen with a soft cloth and power your Watch off and on again.*

FEATURES

- **Heart rate, blood pressure & blood oxygen monitoring**
- **Multiple sports modes: run, ride, situp, badminton**
- **Track daily activities: steps, distance, calories**
- **Sleep monitor: Deep sleep, light sleep, sleep duration, sleep quality**
- **Fitness target setting**
- **Water resistance protection - IPX4, splashproof**
- **Sedentary reminder/Drinking reminder/Call reminder/Alarm/Weather**
- **Message alert: supports SMS, Facebook, Whatsapp, Twitter, LinkedIn**

SPECIFICATIONS

- Screen:** 0.96" TFT, Single touch control
- Battery:** 90mAh Lithium Polymer Battery
- Charging time:** around 1 hour
- Standby time:** up to 3 days
- Waterproof rating:** IPX4, splashproof
- Watch strap length:** 245mm
- Watch strap width:** 20mm
- Weight:** 18g (including strap)
- Compatibility:** iOS 9.0 or above / Android 4.4 or above
- Pairing name:** GV-SW01

Please search and download **"LEFUN HEALTH"** from the iOS App Store or Google Play Store

Battery Removal/Disposal

This product contains batteries and should not be treated as normal household waste and should be recycled. Please take it to your nearest collection facility or for further details contact your local council or visit www.recycle-more.co.uk.

Batteries contain substances that may be harmful to the environment and human health. Keep out of the reach of children and seek immediate medical help if swallowed.

Never throw batteries into a fire or attempt to open the outer casing. Should your product develop a fault and your battery needs replacing for further advice on how to safely remove your battery please visit our website at www.groov-e.co.uk

Environment Protection

Waste electrical products should not be disposed of with household waste. Please recycle where facilities exist. Check with your Local Authority or retailer for recycling advice.



GUARANTEE

Subject to the conditions stated below, groov-e guarantees this equipment against defects in workmanship or materials of its mechanical and electronic component parts (excluding styling, battery cells, magnetic tapes, re-chargeable batteries, user removeable memory devices, with the exception where the battery is inbuilt into the product) for a period of one year from the date of purchase. This product will be repaired or if necessary replaced free of charge if it has been proven to be defective within the one year warranty period.

1) Claims under this guarantee should be made through the authorised dealer/retailer from whom the equipment was purchased. If this is not possible, please contact groov-e directly.

2) This guarantee is only valid when the equipment is purchased and retained within the United Kingdom and a valid proof of purchase has been provided.

3) This Guarantee Excludes:

(i) All damage caused through accident, misuse, wear and tear, neglect, installation and/or use in a manner inconsistent with technical and safety standards.

(ii) Alterations or adjustments made to equipment

(iii) Loss of data resultant from malfunction of hard drive or other storage device

(iv) Damage caused to any third party device as a result of using the product.

4) No liability under this guarantee shall be incurred:

(i) In respect of damage or loss occurring during transit to or from the purchaser

(ii) Where the serial number plate of the equipment has been removed or altered in any way.

5) groov-e shall not be liable for consequential damage, loss or injury arising from or in connection with the equipment, excepting only that nothing in this condition shall or shall be construed so as to exclude or restrict liability for negligence.

6) The cost of carriage to and from groov-e shall be borne by the purchaser.

7) This guarantee is personal to the original purchaser and is not transferable.

8) If the equipment, in respect of which a claim hereunder is made, is found on examination to comply with the published specifications, a test fee may be incurred.

This guarantee is in addition to and does not in any way affect any statutory or other right of consumer purchasers, including those rights in relation to sections 13 to 15 of the Sale of Goods Act 1979, the Sale and Supply of Goods to Consumer Regulations 2002, The Consumer Rights Act 2015 or the Sale of Goods and Supply of Services Act 1980 (for ROI).

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Register your purchase for extended warranty

www.groov-e.co.uk/warranty